Culinary Love

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Basic Cheese Sauce

Culinary Love Recipe

Ingredients

- 1 tablespoon of margarine
- 1 tablespoon of cornflour
- 1 cup of milk
- 1/2 cup of grated cheese

Method

- 1. Melt the margarine in a large saucepan.
- 2. Moving the saucepan away from the heat, add cornflour and mix until the margarine is fully absorbed.
- 3. Add milk, stir back over a medium heat until the mixture boils and thickens.
- 4. Add cheese and again stir until the cheese is melted.

Uses

- · Cheese sauce over steamed or boiled broccoli and cauliflower.
- Tuna Mornay base.

Variation

Omit the cheese for a basic bechamel sauce, to top off your lasagna.

