Eulinary Love

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Chicken Cordon Bleu

Culinary Love Recipe

Ingredients

- 4 chicken breasts
- · 2 eggs, beaten together
- plain flour
- · white breadcrumbs
- half a cup of grated cheese
- 100g of ham

Method

- 1. At the thickest part of the chicken breast, create a hole with a knife that goes through the center of the chicken breast, without breaking through the sides, to create a large pocket.
- 2. Wrap some of the cheese with the ham and insert into the hole you've created in the chicken.
- 3. Using your fingers, push the ham and cheese right through the center from the outside of the breast, forming an even layer inside.
- 4. Cover the breast in a thin layer of flour, then dip in eggs, then cover in layer of breadcrumbs.
- 5. Place chicken on an oven tray with baking paper.
- 6. Cook on 180'c for 10 minutes. Turn over, and lightly garnish the top with more chopped parsley.
- 7. Replace in oven for another 10 minutes, or until golden brown.

