



Crumbed Chicken Nuggets

Culinary Love Recipe

Ingredients

- 500g chicken, boneless and skinless
- flour
- 2 eggs, beaten together
- · white breadcrumbs

Method

- 1. Slice your chicken into small portions, just smaller then a small box of matches.
- 2. Dip in flour, dip in egg mix, then cover in breadcrumbs.
- 3. Place nuggets on an oven tray and bake on 180'c for around 15-20 minutes.

Please note

If nuggets look a dry around half way though cooking, feel free to add a little oil by slightly drizzling over the top of the chicken. This may not always be needed depending on the cut of chicken your using.

Serve with Sweet and Sour Dipping Sauce! Enjoy!

